



## Summary Feedback

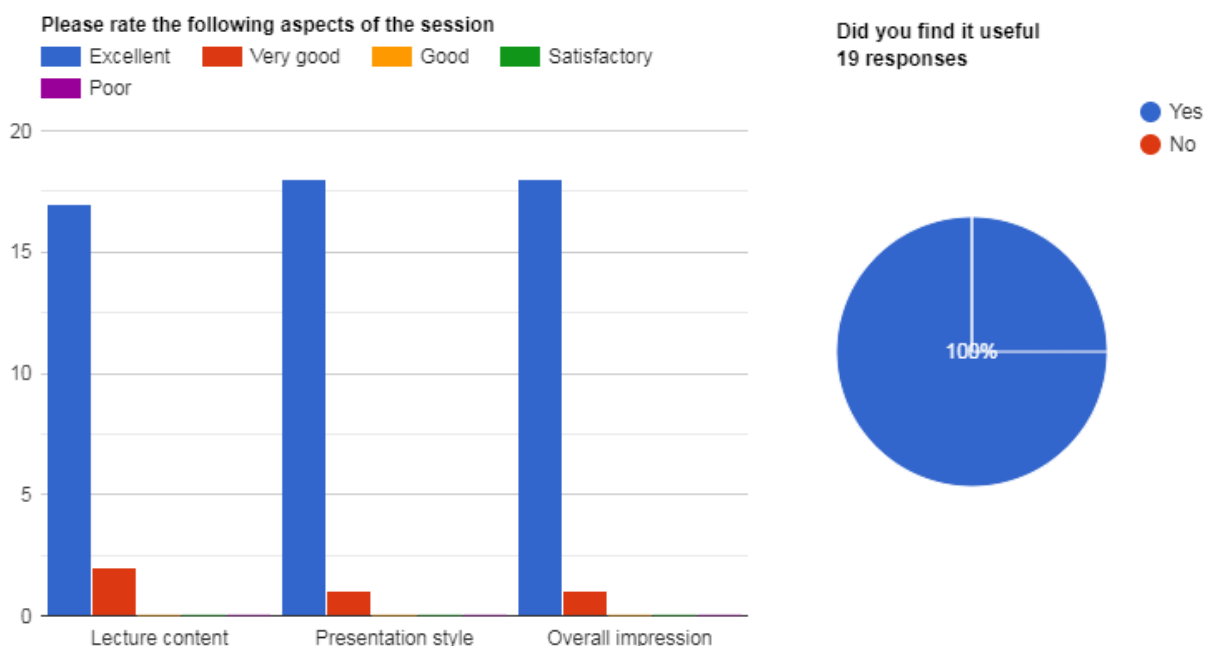
(Combined feedback broadcasted at multiple times this week)

### PRE - RECORDED ST1-ST4 Teaching Programme 2023

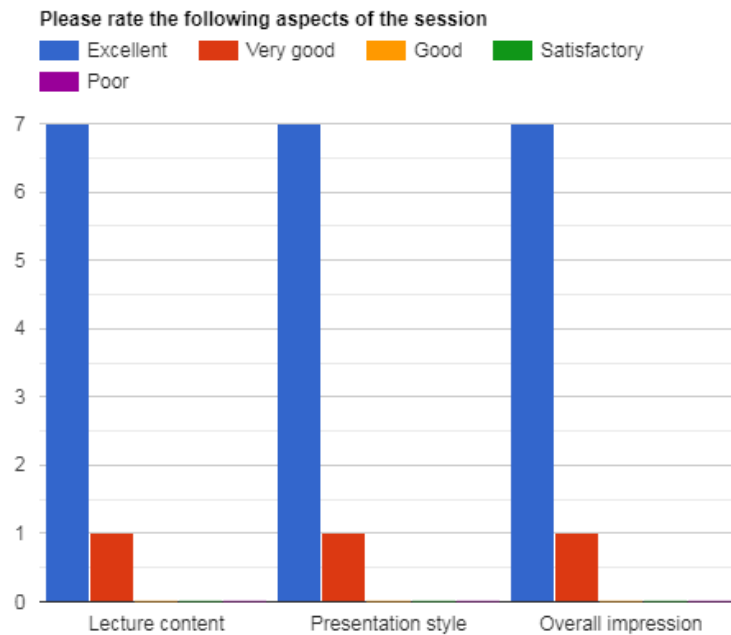
## MSK - (a) Congenital (b) Miscellaneous Bone Lesions (c) Arthritis (25<sup>th</sup> and 26<sup>th</sup> November 2023) Lecturer: Sami Khan

### Summary Points:

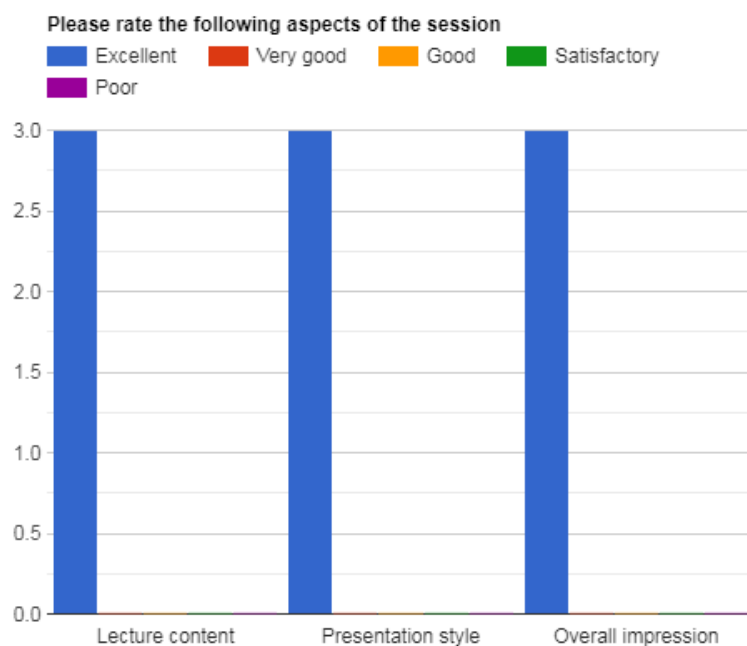
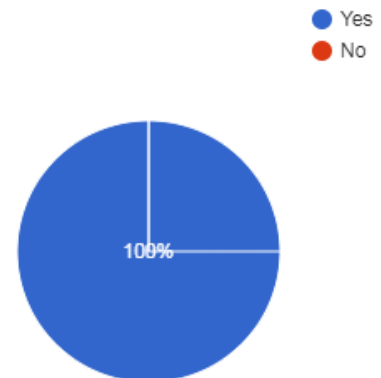
- Total Attendees: 249 from 30 Countries (Algeria, Afghanistan, Bahrain, Bangladesh, Dominica, Egypt, Hong Kong, India, Indonesia, Iraq, Malaysia, Malta, Myanmar, Nigeria, Norway, Oman, Pakistan, Poland, Qatar, Saudi Arabia, Singapore, South Africa, Sri Lanka, Sudan, Türkiye, UAE, UK, Yemen, Zambia, Zimbabwe).
- Total duration: 3 hours (each session broadcasted thrice during the week)
- Total feedback received from 30 participants, from three different broadcasts



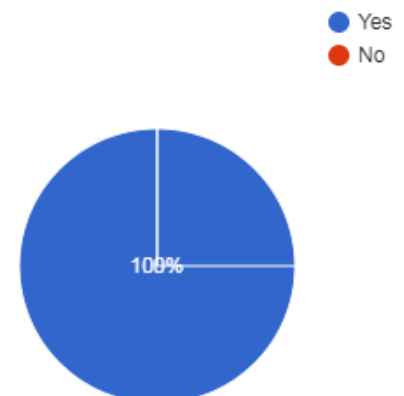
## MSK - (a) Congenital (b) Miscellaneous Bone Lesions (c) Arthritis



Did you find it useful  
8 responses



Did you find it useful  
3 responses

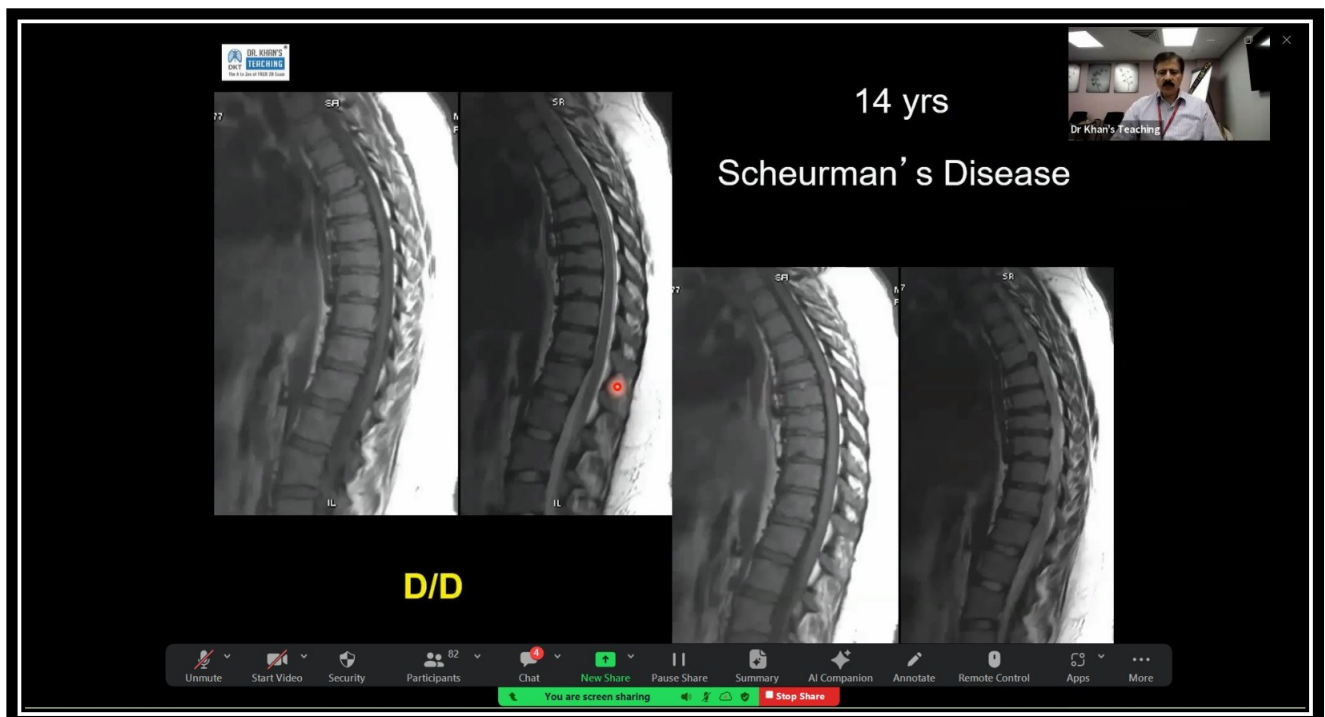


## Testimonials

- Excellent guidance by Dr Sami on approach and analysis of findings (UK).
- Every lecture make a difference. Thank you Sir (Egypt).
- Excellent teaching by Dr. Khan as always (Pakistan).
- How to be careful and tackle cases in a systematic pattern, especially when hyperparathyroidism case was shown among arthritis cases was useful (Egypt).
- Incredible (India).
- Excellent cases with classic findings. Very Simplified approach and teaching (India).

## MSK - (a) Congenital (b) Miscellaneous Bone Lesions (c) Arthritis

- Great teaching (Pakistan).
- Excellent session (India).
- Dr. Sami explanation is perfect and to the point (Egypt).
- Description and the differentials was useful (UK).
- Good explanations of cases (Qatar).
- All were valuable especially arthritis (Pakistan).
- Useful (Oman).
- Everything was useful (UK).
- Excellent (UK).
- Thank you for teaching (Oman).
- Always impactful (UK).
- Nice cases (UK).
- Every aspect was useful (India).
- I liked the detailed explanation (Qatar).
- Excellent. Thank you (Qatar).
- Nice (Pakistan).



MSK - (a) Congenital (b) Miscellaneous Bone Lesions (c) Arthritis

**Scheuermann Disease**

**Pathology**

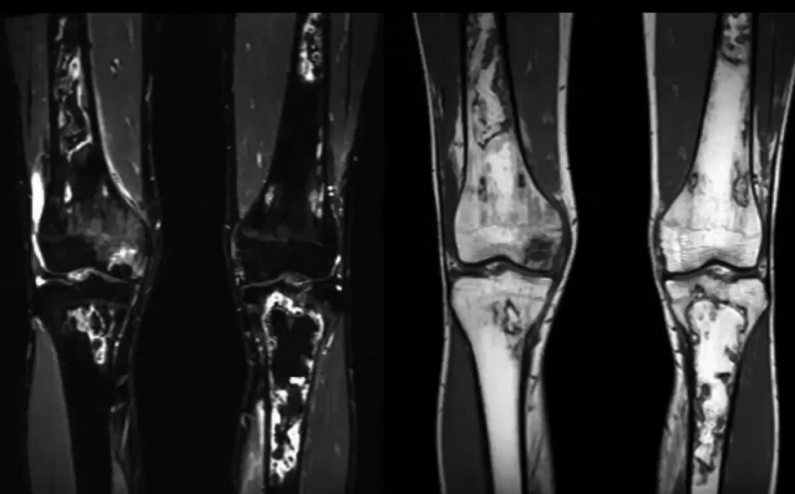
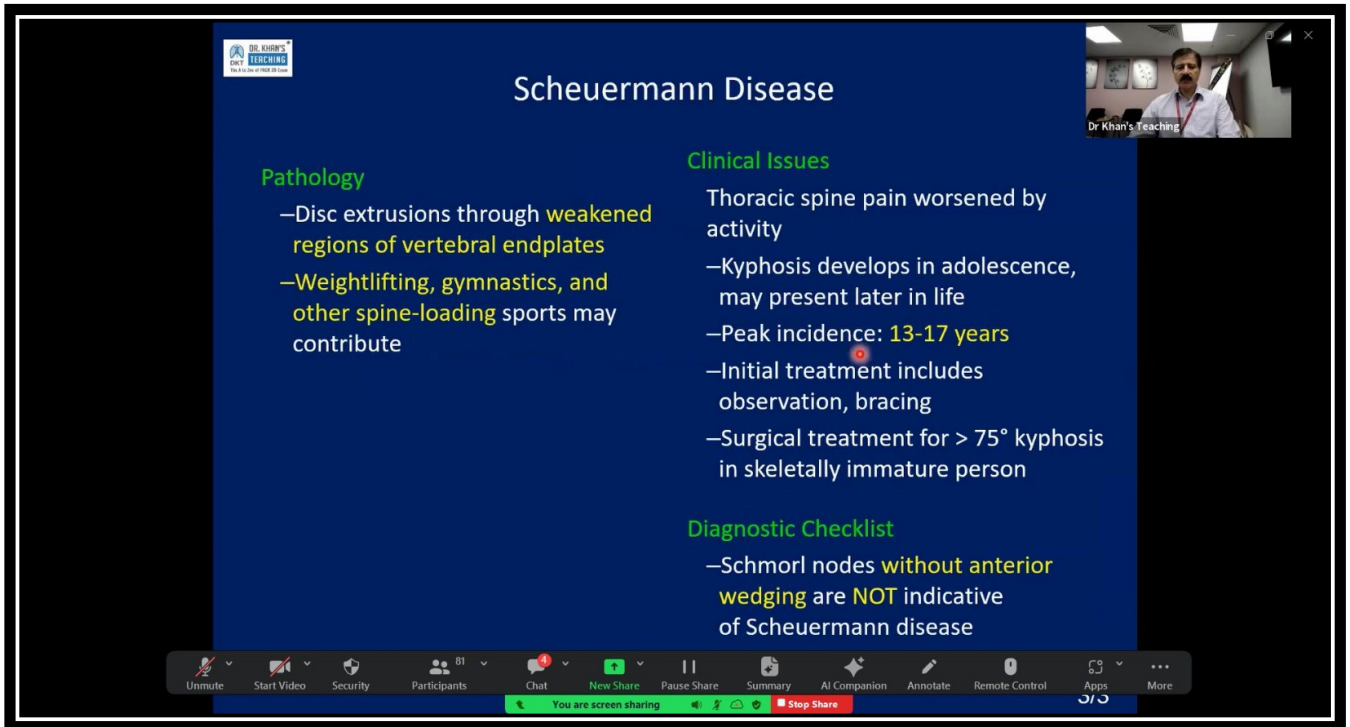
- Disc extrusions through **weakened regions of vertebral endplates**
- Weightlifting, gymnastics, and other spine-loading sports** may contribute

**Clinical Issues**

- Thoracic spine pain worsened by activity
- Kyphosis develops in adolescence, may present later in life
- Peak incidence: **13-17 years**
- Initial treatment includes observation, bracing
- Surgical treatment for **> 75° kyphosis** in skeletally immature person

**Diagnostic Checklist**

- Schmorl nodes **without anterior wedging** are **NOT** indicative of Scheuermann disease



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